

DIETETICS

University Courses - Victoria

MARCH 2023/2

CAREERS DEPARTMENT



Introduction

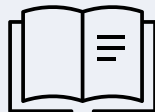
This document has been developed to assist domestic Year 12 students and their families in researching dietetics courses in Victoria. Please use entry requirements and indicative ATARs listed in this document as a guide only and check university websites for updates.

Disclaimer: Information has been taken from university websites and the Victorian Tertiary Admissions Centre (VTAC). Universities featured in this guide reserve the right to change course information, admissions, and entry requirements at any time and without notice. For up-to-date information, check the university websites when assessing course information. Written by Sandie McKoy, March 2023. Note: photos in this document are stock images and aren't representative of students at the universities.



Indicative ATAR

Please use indicative ATARs as a guide as they may change for future intakes.



English prerequisite

EAL = English as an Additional Language. 'Any other English' includes English, English Language and Literature.



Undergraduate

This is usually your first course at university. For example - bachelor's degree.



Graduate

This is study you do once you have graduated from a bachelor's degree. For example - Master's degree.

Course Summary

University	Course	Campus	Lowest Selection Rank for the 2023 intake
La Trobe University	Bachelor of Nutrition Science / Master of Dietetic Practice (Course Package)	Melbourne (Bundoora)	90.00
	Master of Dietetics	Melbourne	Graduate Entry
Deakin University	Master of Dietetics	Melbourne (Burwood)	Graduate entry
Swinburne University	Bachelor of Nutrition Science / Master of Dietetic Practice (Course Package)	Hawthorn	57.55
	Master of Dietetics		Graduate entry
Monash University	Master of Dietetics	Clayton	Graduate entry

How to become a dietitian in Australia



Dietitians apply the art and science of human nutrition to help people understand the relationship between food and health, make healthy dietary choices, and prevent and treat illness and disease.

THREE REASONS WHY YOU SHOULD CONSIDER A CAREER IN DIETETICS

Making a difference in people's lives: As a dietitian, you have the opportunity to positively impact people's health by developing personalized nutrition plans and promoting healthy eating habits. You can help people with medical conditions improve their health and achieve their health goals.

A growing profession: Dietetics is a growing profession, with an increasing demand for qualified dietitians in various healthcare settings, including hospitals, clinics, and private practice. This means there are plenty of job opportunities available for qualified dietitians.

Variety of work settings: Dietitians can work in a variety of settings, including hospitals, clinics, community health centres, and private practice. This provides a diverse range of career opportunities and the ability to specialize in areas of interest, such as sports nutrition or paediatric nutrition.

DIFFERENCE BETWEEN NUTRITIONISTS AND DIETITIANS

Dietitians are university-qualified health professionals who have completed a Bachelor or Masters degree in Nutrition and Dietetics, undertaken practical training in hospitals, clinics or other healthcare settings, and are accredited by Dietitians Australia (DA).

They can provide expert nutrition advice, develop personalised nutrition plans, and deliver medical nutrition therapy for a range of health conditions, including diabetes, heart disease, and cancer. Dietitians work in a variety of settings, such as hospitals, clinics, community health centres, and private practice.

Nutritionists, on the other hand, are not required to have specific qualifications in Australia. While some nutritionists may have relevant qualifications, others may have completed short courses or online programs. Nutritionists can provide general advice on healthy eating, but they cannot provide medical nutrition therapy or diagnose or treat medical conditions.

STUDYING DIETETICS

To be eligible to study dietetics at university, applicants will need to meet academic and English language requirements.

To be eligible to participate in clinical placements, students will need to obtain:

- National Police Certificate
- Working with Children Check
- Immunisations
- National Disability Insurance Scheme (NDIS) Worker Screening Check

Students will be required to pay for their own transport and accommodation when travelling to participate in clinical placements.

EXCELLENT WEBSITES

My Health Career, <https://www.myhealthcareer.com.au/>

Dietitians Australia, <https://dietitiansaustralia.org.au/>

LA TROBE UNIVERSITY

Melbourne Bundoora.

The Master of Dietetics is currently undergoing accreditation by Dietitians Australia (DA).

La Trobe's research in nutrition is rated well above world standard.

La Trobe's clinical, pre-clinical and health subjects are ranked in the world's top 200.

La Trobe's graduates are the second highest in Victoria for overall employer satisfaction rating.

Our researchers specialise in metabolic health, dietary supplementation, novel functional foods, gastro-intestinal health, and sport and performance nutrition.



If you're passionate about healthy eating and well-being and want to promote better understanding of the benefits of nutrition in diverse communities and settings, La Trobe's Master of Dietetics has been established to reflect the emerging needs of this changing profession.

UNDERGRADUATE ENTRY

Bachelor of Nutrition Science / Master of Dietetics (Course Package)

Students will first complete the 3-year Bachelor of Nutrition Science at La Trobe, then the 1.5-year Master of Dietetics.

UNDERGRADUATE ENTRY INFORMATION

EARLY ENTRY PROGRAM

Aspire Early Admissions Program. Students can apply for the course package via the Community Contribution program, www.latrobe.edu.au/study/aspire

PATHWAYS

www.latrobe.edu.au/study/apply/pathways

SELECTION RANK ADJUSTMENTS

A study score of 25 in any Mathematics, Physical Education or any Science equals 4 aggregate points per study. A study score of 20 in any LOTE equals 4 aggregate points per study. Overall maximum of 12 points.

APPLICATION

Apply via the Victorian Tertiary Admissions Centre, www.vtac.edu.au

GRADUATE ENTRY

Master of Dietetics

Follow the pathway below to enter the Master of Dietetics.

Step 1

Complete a bachelor's degree in a cognate area such as nutrition or food science and achieve a weighted average mark of at least 70%. The degree will need to contain certain subjects.

Recommended degrees at La Trobe include:

Bachelor of Nutrition Science
Bachelor of Food and Nutrition

Step 2

Apply for the Master of Dietetics direct to La Trobe University. You will also need to submit your resume and complete a personal statement.

Course	Prerequisites	Campus	Lowest Selection Rank for the 2023 intake (VTAC)
Bachelor of Nutrition Science / Master of Dietetics (Course Package)	Minimum study scores of 30 in English (EAL) or 25 in any other English.	Melbourne	90.00
Master of Dietetics	Information on entry requirements, www.latrobe.edu.au/courses/master-of-dietetics	Melbourne	Graduate entry

DEAKIN UNIVERSITY

Deakin's Master of Dietetics has full accreditation from Dietitians Australia (DA). Students graduating from DA accredited courses are eligible to apply for full membership of the DA and the Accredited Practising Dietitian (APD) program and to work in all areas of dietetics.

Over 40 years of experience developing industry-ready dietitians.

Our ground-breaking research feeds directly into the development of our courses, cementing our reputation as true leaders in this space.

The work undertaken in the food sensory labs at the Centre for Advanced Sensory Science (CASS) keeps us at the forefront of sensory science research.

Complete 21 weeks of professional industry placement.

Industry partners include: Nutrition Australia, Sports Dietitians Australia, Austin Health, Barwon Health, Northern Health, Peter MacCallum Cancer Centre and Western Health etc.

Top 1% of universities worldwide.

Victoria's #1 university for teaching quality, educational experience, student satisfaction, and student support.



The Master of Dietetics prepares you to solve widespread health issues through science-based, diet-related treatments. Take a big step towards becoming an Accredited Practising Dietitian, and build advanced skills that allow you to improve the health and wellbeing of the individuals and communities you work with.

MASTER OF DIETETICS

Deakin's Master of Dietetics explores the important relationship between diet and disease. Accredited by Dietitians Australia (DA) and shaped by decades of industry input, this course trains you to prescribe science-based treatments for a wide range of health issues, from obesity and diabetes, to allergies and malnutrition.

If you're passionate about improving the wellbeing of the people around you through diet, the Master of Dietetics allows you to cut through misinformation to unlock solutions that are shaped by evidence and tested with scientific rigour.

Combine studies in medical nutrition therapy, public health nutrition and food service management to graduate with a well-rounded set of skills that prepare you for a variety of roles.

Your problem-solving abilities, communication skills and dietetic knowledge will allow you to thrive in community and public health settings.

Prefer to work one-on-one with clients? You will feel just as comfortable using your interpersonal skills to develop tailored treatments in a clinical setting that deliver life-changing results.

CLINICAL EXPERIENCE

Practical learning forms a significant part of the course and you will have many opportunities to apply the knowledge you learn in the classroom in labs, workplaces and industry settings.

21 weeks of professional practice placement gives you industry experience in multiple settings and prepares you for your career as a dietitian. This is where all your training comes to the fore, as you work alongside established dietitians.

INFORMATION

<https://www.deakin.edu.au/>

ENTRY PATHWAY

Follow the pathway below to enter the Master of Dietetics.

Step 1

Complete a bachelor's degree in a cognate area such as nutrition or food science. The degree will need to contain certain subjects.

Recommended degrees at Deakin include:

Bachelor of Nutrition Science
Bachelor of Nutrition Science (Dietetics Pathway)
Bachelor of Health Science
Bachelor of Exercise and Sport Science/Bachelor of Nutrition Science

Step 2

Apply for the Master of Dietetics direct to Deakin University. Applicants will need to submit a prerequisite unit template and a video submission.

SWINBURNE UNIVERSITY

Hawthorn campus.

Complete 105 days of industry placement. Placements consist of a 5-day research placement in first year followed by four 5-week block placements in subsequent years.

The Master program is currently provisionally accredited by the Dietitians Australia. A graduate of this program is eligible to become a full member of Dietitians Australia and to join the Accredited Practising Dietitian (APD) Program.



Studying a Master of Dietetics at Swinburne will empower you to make a positive impact on the health of Australians. You will develop skills in both traditional and emerging areas of dietetic practice, learning to work with a range of evolving food and health management strategies. Units cover a range of innovative topics including entrepreneurship, leadership and business, sports nutrition, and paediatric nutrition.

UNDERGRADUATE ENTRY

Bachelor of Health Science / Master of Dietetics (Course Package)

Students will first complete the 3-year Bachelor of Health Science with a major in nutrition at Swinburne, then the 1.5 year Master of Dietetics.

UNDERGRADUATE ENTRY INFORMATION

PATHWAYS

<http://bit.ly/3pEDhKW>

SELECTION RANK ADJUSTMENTS

A study score of 25 in Health And Human Development, any Mathematics, Physical Education, any Science or Sociology equals 2 aggregate points per study. Overall maximum of 10 points.

APPLICATION

Apply via the Victorian Tertiary Admissions Centre, www.vtac.edu.au

INFORMATION

www.swinburne.edu.au

GRADUATE ENTRY

Master of Dietetics

Follow the pathway below to enter the Master of Dietetics.

Step 1

Complete a bachelor's degree in a cognate area such as health science and achieve a weighted average mark of at least 65%. The degree will need to contain certain subjects.

Recommended degree at Swinburne: Bachelor of Health Science – major in Nutrition.

Step 2

Apply for the Master of Dietetics direct to Swinburne University.

Course	Prerequisites	Campus	Lowest Selection Rank for the 2023 intake (VTAC)
Bachelor of Health Science / Master of Dietetics (Course Package)	Minimum study scores of 30 in English (EAL) or 25 in any other English.	Hawthorn	57.55
Master of Dietetics	Information on entry requirements, http://bit.ly/2WOSNrC	Melbourne	Graduate entry

MONASH UNIVERSITY

1.5 – 2-years, Clayton campus.

Accredited by Dietitians Australia.

Complete 100 days of practical experience. Clinical partners include: Alfred Health, Monash Health, Eastern Health and Peninsula Health etc.

Access innovative facilities at the Be Active Sleep and Eat (BASE) facility.

You will also learn from world class researchers, who have published in leading journals in the field of nutrition and dietetics, specialising in diverse areas of knowledge including inflammation, genetics, pregnancy, sports nutrition, public health, clinical dietetics, nutrition education and dietary intake.

We partner with leading industry and public health organisations to give students the opportunity to gain practical experience to apply food regulation knowledge, dietary analysis skills, recipe modification and sensory testing.



Are you passionate about health and nutrition and helping others to understand the relationship between them? The Master of Nutrition and Dietetics will enable you to pursue your dream of becoming a dietitian, with the opportunity to become accredited by Dietitians Australia.

MASTER OF NUTRITION AND DIETETICS

The Master of Nutrition and Dietetics provides you with the knowledge, skills and practical experience required as an Accredited Practising Dietitian. Our course explores food science and systems, fundamentals of health and disease, population health, food service and clinical dietetics.

The Master of Nutrition and Dietetics includes studies in:

- Personal development and professional practice
- Determinants and influences of public health and nutrition
- Nutrition fundamentals of health and disease
- Food: From science to systems.

You will have the opportunity to apply theory to practice and develop research skills and knowledge relevant to nutrition and dietetic practice underpinning each of the four core areas of the program.

Throughout this degree, you'll have opportunities to apply your dietetic knowledge outside the classroom through simulated patient scenarios, hands-on food activities and working in Monash's nutrition clinic. You'll also access innovative facilities at the Be Active Sleep and Eat (BASE) facility, including a commercial kitchen, exercise and fitness suite and body composition equipment.

CLINICAL EXPERIENCE

You'll complete 100 days of practical experience across food service, public health and clinical settings. We partner with some of the state's major healthcare providers including Alfred Health, Monash Health, Eastern Health and Peninsula Health, to give you access to high-quality clinical training. You'll also implement public health projects with organisations like YMCA and Parks Victoria

INFORMATION

www.monash.edu

ENTRY PATHWAY

Follow the pathway below to enter the Master of Nutrition and Dietetics.

Step 1

There are two entry points for the master's degree.

1: Complete a bachelor's degree in a relevant area of study and achieve at least a distinction average (70%).

2: Complete a bachelor's degree in nutrition science and achieve at least a credit average (60%).

Both degrees will need to contain certain subjects such as chemistry, human physiology, human nutrition, research methods etc.

Recommended degree at Monash:
Bachelor of Nutrition Science

Step 2

Apply for the Master of Nutrition and Dietetics direct to Monash University. Applicants will need to meet inherent and immunisation requirements for entry.