

# TRENT WILLIAMSON

## SPORT & RECREATION TRAINEESHIP VICTORY LUTHERAN SCHOOL

**Why did you decide to undertake a gap year traineeship?** Year 12 had just finished and I had no idea on where I was to go from there, so for a month of celebrating, socialising and the occasional day of selling ham out of the deli I thought I should start to do something purposeful. This led to a week long hike with Davo and some other cool kids through the Australian Alpine region and I came to realise I wanted experiences and to develop new skills in my gap year. This led me to a traineeship where I can meet new people and personalities which have led to doing a traineeship for the experiences - not just the money (not that a traineeship pays much...).

**What is your traineeship like?** A traineeship is exactly what I was after; it's work which is not your boring 9-5 job. I am able to socialise with people of all ages and on a day to day basis I come home absolutely ruined because I am going 100 miles and hours interacting with so many people. On a typical day I work with classes such as Outdoor Education and the Rite Journey and as I am similar age to these kids a lot come to me to open up and ask for advice or tell me borderline jokes which they know they can get away with around me. And if I'm not interacting with staff/students I'm usually organising trips either with the boring paper work and booking or I am fixing and organising equipment.

**What skills have you developed from your traineeship?** Communication and relationships skills have developed so much. These are often overlooked but day to day I see how important they are especially in the school setting, and these skills can never stop developing as each individual you interact with is different. You are always able to develop new means of communicating and building relationships.

As for highlights, I have had too many highlights but for me it's the connections I have made. Currently I am working with another staff member from Victory and we are organising a guest speaker - Glenn Manton to come from Melbourne and run various sessions based on developing a knowledge of self, relationships and communication through highly interactive and proactive workshops.

These connections are opening more and more opportunities which are leading to developing new skills and confidence in the world outside of being a student.

