

LAUREN ALLEN

TRAINEESHIP, MP PERSONNEL

Why did you decide to undertake a gap year traineeship? I chose a gap year traineeship because I wanted to take a break after studying in year 12 before going to Uni. I thought a traineeship was perfect because it gave me the opportunity to travel and earn money (how good is annual leave!) as well as being able to continue good study habits for next year.

What is your traineeship like? I work as the Receptionist for MP Training and Recruitment, but I also answer calls and greet clients for 3 other financial advisors that are in the same building. The duties I undertake on a day to day basis include; conducting reference checks, speaking to stakeholders/clients, processing payments, assisting the recruitment team and other general administration duties. Being on reception has taught me how to prioritise and organise my tasks in order of importance/urgency. Being immersed in an office environment has helped me learn how to work with others effectively in different circumstances.

Highlights from this year so far? One of my biggest highlights this year was solo travelling to Europe for a month. I met a lot of new people, ate one to many croissants and it opened my eyes to the possibility of studying abroad in the future as part of my Uni degree.

