

JOSH HOLT

HEALTH & PHYSICAL EDUCATION

DEAKIN UNIVERSITY

Senior School Subjects

- Year 11 – English Language, Music, Mathematical Methods, Physical Education, Youth Ministry, Biology Units 3 + 4 Early Advancement.
- Year 12 – English Language, Physical Education, Further Mathematics, Music Performance, Health and Human Development.



Why did you choose these subjects? Early on, I knew that I wanted to pursue a career in the health or education industry. This aligned with the subjects I enjoyed most at school, so I found subject selection very straight forward. I elected to do music, as it was something that I enjoyed although I knew I didn't want to pursue a career in that field.

What resources did you use to choose subjects? I found that utilising previous students or students in the year above me in conjunction with the teachers of those subjects were the best way to help me decide on my subject selection.

What was your course like? I have really enjoyed the course so far throughout the first trimester. The cohort is small so it was easy to develop relationships with both my lecturers and fellow classmates, which also made the transition into university a lot easier. I've found it to be very hands-on. 2 hours of each week are dedicated to a practical teaching class in which we are taught techniques, strategies and key components of what it takes to be a Health and Physical Education teacher and then we are provided with an opportunity to put these into action both amongst our peers and also in various primary and secondary schools around the Geelong area.

What did you enjoy about your course? I love the amount of practical experience that I have already gained from this course after only the first trimester. All of the subjects are directly relevant to the required knowledge I'd need as a teacher. Having the opportunity to specialise in another subject (e.g. Biology, Chemistry, History, Maths or English) is another positive aspect as it provides variety and gives you an outlet to learn more in a field that you may not of had the chance to in high school. I am specialising in mathematics.

How have the subjects at school prepared you for your course? The amount of content that overlapped from my Year 12 subjects and my first trimester was surprisingly large. I could draw direct correlations between the content I had previously learned and what I was learning at the time, which allowed me to develop a deeper understanding of the content.

Course information: Bachelor of Health and Physical Education, Deakin University, <http://bit.ly/28Y1d4Y>